

Senator Gibson  
4944 John Street,  
Beamsville, LOR 1B6  
P (905) 563-7431

Principal  
Ms. P. Spero

Vice Principal  
Mrs. A. Woodland

### Important Dates

Oct. 2 Rowan's Law

Day Wear Purple

Oct. 7 School Advisory

Virtual Meeting 6pm

Oct. 8 SG Terry Fox

Activities – donate

Online

Oct.12 Thanksgiving

Holiday

November 18 - Professional

Activity Day – No school for  
students



# Senator Gibson News

## October 2020



## From the Office

Dear Senator Gibson families,

It's hard to believe that September has come and gone already!

Thank you to all who have been patient and cooperative as we re-opened our school and have had to adjust to a new normal. Please remember with Thanksgiving approaching, it is timely for us to reflect upon the many reasons we have to be thankful at Senator Gibson Public School. We are honored and proud to work with such amazing students and families. We are thankful for the partnership that we have with all of you as we commit to achieve success for all students. It's not easy juggling the busy lives that we all lead! It's especially not easy given the current climate we all are adjusting to. We truly appreciate how understanding everyone has been. On behalf of our staff, we extend our warmest wishes for a wonderful Thanksgiving! Ms. P. Spero and Mrs. A. Woodland

*The community of Senator Gibson Public School is committed to creating an inclusive environment where students are educated, inspired and challenged to be critical thinkers who contribute in our changing society.*

Directly from Niagara Region Public Health

**Symptoms of Novel Coronavirus (COVID-19)** COVID-19 is often very mild, and minor symptoms should not be ignored. If you have one or more symptoms of COVID-19, even if they're mild, contact your health care provider or [call the Public Health Info-Line](#) immediately.

## Symptoms

Common signs of infection include:

- Fever and /or
- New cough or a cough that is getting worse

Other symptoms can include:

- Difficulty breathing
- Sore throat
- A runny or congested nose (not allergies)
- Chills

Other non-specific symptoms are:

- Muscle aches
- Fatigue (feeling weak, tired, exhausted)
- Headache
- Diarrhea
- Lost sense of taste or smell
- Conjunctivitis
- Rash
- Severe chest pain
- Having a very hard time waking up
- Feeling confused
- Lost consciousness
- Nausea
- Vomiting
- Unexplained abnormally rapid heart rate
- Chronic conditions getting worse

Non-specific symptoms for young children may include:

- Lethargy (feeling sluggish, tired, exhausted)
- Poor feeding

## Novel Coronavirus (COVID-19) Virus

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).

- The (novel) coronavirus is a new virus in this family
- Across the globe, we're seeing 80 per cent of cases having mild to moderate illness. Elderly people and those with underlying medical conditions are often experiencing more severe illness.
- Currently, there is no vaccine that protects against coronaviruses in humans

### School Advisory Council

The Senator Gibson School Advisory Council works tirelessly to improve our school. We are looking forward to another great year at Gibson! All parents are welcome to join us for our first Virtual Meeting on October 7 @ 6 p.m. Please notify the office if you would like to be part of the Virtual Meeting and we will send you an invite through Microsoft TEAMS. We will hold elections for the positions of Chair, Vice Chair, Treasurer and Secretary during our November meeting.



More information will follow as we plan for an Online Book Fair for the students and families of Senator Gibson.



### Nutritious Snack Program for Students

The Student Nutrition Program at Senator Gibson continues to be on hold. When we do get up and running, Niagara Nutrition Partners and Community Care administer the funds for this program, on behalf of the Ontario Ministry of Child and Youth Services. The objective of this program is to promote healthy eating and provide a healthy snack to any student who would like one. There is no fee for this program, however donations are always graciously accepted to ensure the sustainability of the program.



education foundation  
of niagara

#### **Free Money for Your Child's Future!**

##### ***What is the Canada Learning Bond (CLB)?***

The Canada Learning Bond (CLB) is a government program that gives **\$500** in education money to **children born on or after January 1, 2004 whose families receive the Canada Child Benefit Supplement (family net income of \$45,916 or less or more based on number of children).**

##### **Sound good? Keep reading...**

- The Government will add **\$100 more every year** the child is eligible, up to age 15.
- Each child could get up to **\$2000 (plus interest)** in RESP contributions!
- **NO family contribution is required**
- The Canada Learning Bond is retroactive for children born 2004 or after

## Growth Mindset For Parents 😊

The way we talk about ability and learning can have powerful effects on our children's beliefs. Below are three ways parents can instill a growth mindset. And remember, developing a growth mindset in yourself and in your kids is a process that takes time. Have a growth mindset about developing a growth mindset!

- Recognize your own mindset: Be mindful of your own thinking and of the messages you send with your words and actions.
- Praise the process: Praising kids for being smart suggests that innate talent is the reason for success, while focusing on the process helps them see how their effort leads to success.
- Model learning from failure: When parents talk positively about making mistakes, kids start to think of mistakes as a natural part of the learning process.
- [www.mindsetkit.org](http://www.mindsetkit.org)



## PARKING

For the safety of our students, we thank you in advance for *not* parking in the front area of the school. This is a drop off area only, for Kindergarten students and bussing. Students in Grades 1-8 should be using the Kiss and Ride at the side of the building and entering the building from the playground in the back. Please consider parking on the side streets and walking over should you wish to accompany your child(ren). In addition, please remember that children may be walking on the sidewalks or crossing the parking lot. Please be careful when entering and exiting the school driveway. Thank you for helping to ensure the safety of everyone!

## Orange Shirt Day at SG!

We would like to thank all the staff and students for showing their support on Orange Shirt Day. It was also wonderful to see so many staff and students wearing orange as a reminder to all of us that *Every Child Matters*. We are excited to continue to work together to inspire, support and empower students as individuals, learners, and members of the community. "Kindness does make the world a better place."

## Halloween at SG

We will be celebrating Halloween at SG on Friday, Oct. 30. Students can wear their costumes throughout the day. Classrooms will be decorated with what they can find. Being respectful and being responsible will not be tolerated. Teachers will take pictures throughout the day and will share them with your family.

On Hold until further notice



## Update from your Active School Travel Committee

Join families across Niagara and the world in celebrating [International Walk to School Month](#) this October. Kids who walk or bike to school arrive alert and ready to learn. For tips on teaching your child how to be a safer pedestrian, check out the new video featuring [Blue the Butterfly](#). The [Sidewalk Smarts Passport](#) offers a checklist of safety skills you can help your child practice during a walk in your neighbourhood. If you live too far away to walk or wheel all the way to school, try driving to a location near your school and walk the rest of the way. Using active transportation helps you [Prevent the Spread of COVID](#) and reduces congestion at your school. This October, practice walking to school so you can leave the car at home more often.

# Niagara Region Public Health

## School Health Newsletter

### For Parents

#### Novel Coronavirus (COVID-19) Info Line

Talk to a public health professional Monday to Friday, 9:15 a.m. – 8:30 p.m. and Saturday and Sunday, 9:15 a.m. to 4:15 p.m.

- 905-688-8248 or 1-888-505-6074, press 7
- [COVID-19 Info-Line wait times](#)
- [Chat online](#) in 90 different languages with auto-translate

#### Overview of COVID-19 in Niagara

For up to date statistics on Niagara specific COVID-19 cases and outbreaks please visit Niagara Region Public Health's [Overview of COVID-19 in Niagara](#) webpage. More statistics can also be found on the Cases, Outbreaks and Reopening pages located on the left-hand side of your screen (or at the bottom if viewing through a mobile device).

#### iWALK

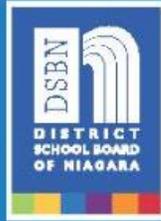
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#### Dental Screening Update

Niagara Region Public Health has temporarily suspended dental screenings and fluoride varnish treatments for all students until further notice.

The Healthy Smiles Ontario program may financially assist children who cannot afford dental care and those experiencing a dental emergency.



# Have Questions About COVID-19?

Please Contact Niagara Region  
Public Health Information Line:

Monday to Friday:  
9:15 a.m. - 8:30 p.m.

Saturday and Sunday:  
9:15 a.m.- 4:15 p.m.

Call: 905-688-8248  
press 7, then 2

Toll-free: 1-888-505-6074  
press 7, then 2